



## Families and Faculty, Stock up on meals and free yourself!

Research shows that almost **70% of people don't know what they're having for dinner at 4pm.** Sound familiar? Wouldn't it be nice to know you have delicious, healthy meals ready to cook in your fridge or freezer when you need them? Because we vacuum seal our meals, you can quickly thaw them in less than one hour, in most cases. Because we make them easy to prepare, you'll be serving dinner in no time! Thyme Out meals are the "ultimate convenience for moms on the go." – *NY Times*.

At \$4-\$5 per portion, Thyme Out meals are a better alternative to other dinner options available. Our meals are the same ones you'd make...if you had the time. **We've got all day!**

**Thyme Out will deliver our delicious and time-saving meals to you at carpool!**

**20% of all sales will be donated to Your School**

**Delivery's a "no-brainer". Ordering is easy. Here's how:**

1. Go to our website **[www.thymeout.com](http://www.thymeout.com)**.
2. Click the "**Start Ordering**" button.
3. Click the **DELIVERY** option.
4. Select your meals from any/all menu categories.
5. Enter your e-mail address. Create a new account for future ordering.
6. Use your school's designated code (TBD) to remove delivery charge.
7. Schedule your order for **the date and time determined**.
8. Pay securely on-line with Visa or MC.

Your meals will be delivered to you **on the assigned date/location**. Look for a Thyme Out representative distributing orders in the parking lot at dismissal. If your child is in aftercare, please call us 240.221.2777 and we will gladly pack your meals in a box and make arrangements to get your order there.

Questions? E-mail us at **[rockville@thymeout.com](mailto:rockville@thymeout.com)** or call **240.221.2777**

Any unclaimed orders will be returned to Thyme Out in Rockville for pick-up.