

Ready-to-Cook Meals

Available to order or "Raid Our Fridge"

Full serves 4/Petite serves 2.

Chicken

- Chicken Enchiladas** **\$23.95/\$12.95**
Corn, cilantro, onion and cheddar & chicken rolled in flour tortillas and topped with chipotle cream sauce.
- Best Darn Tenders** **\$19.95/\$10.95**
Our jumbo chicken tenders are coated in honey dijon then coated with a crunchy rice-corn combo.
- Chicken Bruschetta** **\$23.95/\$12.95**
Penne, chicken breast, diced tomatoes, mozzarella and basil pesto. Ready to bake.
- My Big Fat Greek Chicken** **\$24.95./\$12.95**
Boneless, skinless chicken breast stuffed with feta cheese, basil pesto and sun-dried tomatoes
- Flip Flop Chicken** **\$19.95/\$10.95**
Jumbo boneless, skinless chicken breasts marinated in a garlic balsamic vinaigrette. Flip 'em on the grill. Flip once and you're done!
- Chicken Chili** **\$19.95/\$10.95**
Lots of black beans, tomatoes, onions, chilies & cilantro. Sub Kidney beans for chicken (veg).

Seafood

- Campfire Salmon** **\$26.95/\$13.95**
Salmon filets bathed in OJ and sprinkled with Campfire spice. Bake or grill. Add a cedar plank for more flavor on the grill!
- Zesty Orange Tilapia** **\$19.95/\$9.95**
Fresh tilapia filets marinated in OJ, fresh ginger, garlic and orange zest! Great for grill or an easy bake.
- Capital Crab Cakes** **\$16.95 for 2**
Premium lump crab mixed with fresh parsley and very little filler. Serve with our remoulade sauce.
- Smoky Salmon Cakes** **\$14.95 for 2**
Baked salmon and smoked salmon, dill, Dijon and mayo.

Beef and Pork

- Outer Banks BBQ** **\$9.95/ lb**
Pork is slow cooked in a tangy tomato based sauce with a hint of smoke and spice.
- Hong Kong Flank Steak** **\$21.95/\$11.95**
Lean flank is marinated in a sweet Asian sauce made from soy, hoisin, sesame oil, ginger and garlic.
- Mini Meat "Loves"** **\$14.95**
Ground beef, garlic, Worcestershire and seasonings formed into three mini loaves. Perfectly portioned.
- Pacific Rim Pork Tenderloin** **\$19.95**
Tender pork, marinated in our Asian inspired marinade. Grill or bake. Slice and serve.

Lotsa Pasta

- Lasagna** **\$24.95/\$13.95**
Your choice of vegetarian or meat.
Serves 6-8 or 2-3.
- Sausage & Red Pepper Penne** **\$13.95**
Cooked pasta, roasted red peppers, Italian sweet sausage & mozzarella. Serves. 2-3.
- Ravioli Bake** **\$13.95**
Cheese raviolis layered with marinara sauce and mozzarella cheese.
- Popeye's Penne** **\$12.95**
Penne pasta, ricotta, mozzarella, parmesan and spinach, of course. Serves 2-3.
- Holy Ravioli** **\$19.95/\$10.95**
Goat cheese and basil or wild mushroom ravioli served with our marinara sauce.

In the Dough

- Pizza Roll** **\$12.95**
Our fresh dough stuffed with marinara sauce, mozzarella and your choice sausage, spinach and peppers.
- Holy Calzone-ees!** **\$15.95 for 3**
Dough pockets stuffed with creamy ricotta, parmesan and mozzarella cheeses and your choice of add ins.
- Calzonitas!** **\$15.95 for 3**
Our Mexican version of a calzone, but with chicken, cheddar, red onion & corn. Serve with salsa.
- BBQ Chicken Pizza** **\$12.95**
Fresh pizza dough topped with BBQ sauce, chicken, cheddar, red onion, corn and red pepper.
- Spinach Pies! (2)** **\$9.95**
Flaky phyllo dough filled with creamy spinach & feta.

Ready-to-Eat Meals

Ready to eat or quickly heat entrees for dinner or lunch.
Portioned for 2.

- Lasagna** **\$7.95**
Your choice of vegetarian or meat.
Serves 6-8 or 2-3.
- Sausage & Red Pepper Penne** **\$7.95**
Cooked pasta, roasted red peppers, Italian sweet sausage & mozzarella.
- Popeye's Penne** **\$7.95**
Penne pasta, ricotta, mozzarella, parmesan and spinach, of course.
- Holy Ravioli** **\$10.95**
Goat cheese and basil or wild mushroom ravioli served with our marinara sauce.

Panini Sandwiches

- Caprese** **\$6.95**
Fresh mozzarella, Basil Pesto, tomatoes on focaccia.
- Reuben Kincaid** **\$6.95**
Pastrami, Swiss, Sauerkraut and 1000 Island on Rye.
- Tuscan Delight** **\$6.95**
Turkey, Roasted Red Pepper, Provolone and Vidalia dressing.
- Pepper Jack Pollo** **\$6.95**
Chicken breast, chipotle mayo, spinach, tomato, pepper-jack.
- Holy Cow** **\$6.95**
Roast beef, cheddar, horseradish mayo, roasted red pepper.

Salads

- Seasonal Salad** **\$5.95**
Mixed greens, craisins, goat cheese and toasted pecans.
- Caesar Salad** **\$4.95**
Romaine lettuce, shredded parmesan, croutons and creamy Caesar dressing.
- Salmon Caesar** **\$7.95**
Crisp romaine lettuce, croutons and parmesan with a grilled salmon filet.
- Chicken Caesar Salad** **\$6.95**
Crisp romaine lettuce, croutons, parmesan cheese and chicken.
- Chopped Salad** **\$6.95**
Assorted lettuces, blue cheese, red onion, toasted pecans, craisins, chick peas, balsamic vinaigrette.
- Southwestern Salad** **\$6.95**
Romaine lettuce, black beans, red onions, peppers, corn, cilantro, tortilla chips and chipotle ranch dressing.
- Italian Cold Cut Bowl** **\$7.95**
Ham, salami, sopresseta, provolone, mozzarella, tomatoes, lettuce, roasted red peppers in red wine vinaigrette.
- Greek Salad** **\$5.95**
Romaine, olives, red onions, feta cheese, cucumbers.
- Chef Salad** **\$6.95**
Romaine lettuce, turkey, ham, roast beef, cheddar and Swiss cheeses, red onion, tomatoes.
- Asian Sesame Salad** **\$6.95**
Romaine, mandarin oranges, red onion, chowmein noodles, wasabi peas, sesame ginger dressing.

On the Side

Corn on the cob (4/2 ears)	\$4.95/\$2.95
Peeled, buttered and seasoned with herbs. Great for grill or oven.	
Asparagus Spears	\$4.95/\$2.95
Marinated in olive oil, lemon zest, salt and pepper. Ready for the grill or oven.	
Grilled Summer Veggies	\$9.95/\$4.95
Bell peppers, zucchini & red onion marinated in balsamic vinaigrette with fresh garlic.	
Roasted Red Bliss Potatoes	\$7.95/\$3.95
Diced red bliss potatoes roasted in the oven with olive oil, fresh garlic and herbs.	
Sweet Potato Fries	\$3.95
Bake these fries for 15 minutes until golden	
Corn bread	\$2.95
Ready to bake. Makes 6 servings.	
Seasonal Salads	prices vary
Fresh Green Beans	\$3.95
Sugar Snap Peas	\$3.95

Yummy Desserts

Baked Gourmet Cookie Pucks	
Bakers Dozen/Six-Pack	\$9.95/\$4.95
Chocolate Chip or Heath Bar cookie dough rounds ready to bake.	
Yummy Scones	\$9.95
Six jumbo scones baked to perfection in your oven. Assorted flavors: cinnamon, currant or blueberry.	
Fantasy Bars	\$6.95/8 pieces
Cookie dough bar with white and dark chocolate, caramel and chunky heath bar.	
Brownies	\$5.95/6 pieces
Chewy brownies baked with chunks of Heath Bar or Butterfinger candy bars.	



Making dinner. Better. ®

Summer Dinner Menu

Hours

Mon– Wed– Fri
10am–6pm
Tues—Thurs
10am–7pm
Saturday 9am –1pm
Sunday CLOSED

FREE local Delivery.
Call us to see if you are eligible!

www.thymeout.com

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